



# All wound up about Christmas?

If you think Christmas has gotten too commercialized, you might like a project called, *Buy Nothing Christmas*.

Just go to [www.buynothingchristmas.org](http://www.buynothingchristmas.org) to find out how you can say *no* to conspicuous consumption and *yes* to true abundance this holiday season.

You'll discover how other people across North America are reviving the real meaning of Christmas giving ... In their families, in their churches, in their neighbourhoods, and in their lives.

*Buy Nothing Christmas*. It could be the best thing you never do.